

DISHES FOR SUMMER WITH FISH AS BASIS

Recipes for Preparing Sea Food in Variety of Styles to Please the Finicky Family During Hot Days. Cold Boiled Ham for Picnics.

(Copyright, 1919, by Mrs. M. A. Wilson.)

Midsomer, with its hot, sultry days, makes the family quite finicky about its meals. This is the time that the prudent housewife will look carefully over the menus, selecting those that will appeal to the family. You know that unless the food is attractive and appetizing, no matter how good it is, those who labor all day in close office buildings will be unable to eat enough of it to keep them physically fit. Try not to purchase, at this season, much of the prepared food from the delicatessen. Rather have a liberal diet of fresh fruits, vegetables and good desserts, with a minimum of the prepared food.

When the family likes fish the housewife's protein content of the menu is easily solved during the summer season, when this delicious food is so reasonably priced.

Suggestive Sunday Menu

Breakfast
Cantaloupe
Sliced Tomatoes
Coffee

Dinner
Tomato Canape
Tartar Sauce
Baked Bluefish
Corn on Cob
Potato Croquettes
Lettuce
Plum Tarts
Coffee

Supper
Fish au Naturel
Sliced Tomatoes
Stewed Plums
Tea

Or perhaps the family would like to have an outing on the water, and thus take dinner and supper along, and return in the cool evening. Then serve them with some cold fruit, bread, butter and a cup of tea.

A Suggestive Menu for Outing for

Breakfast at Home
Cantaloupe
Tomato Sauce
Fish Cakes
Honey
Waffles
Coffee

Dinner
To be packed in hamper or basket
Olives
Pickles
Cold Boiled Ham
Potato Salad
Cantaloupe
Stuffed with Celery
Individual Apple Pie
Coffee

Supper
Salami Bologna Sandwiches
Cake
Tea

Squash Fritters
Pare and grate two medium-sized summer squash or cymplings. Place in a mixing bowl and add:
One-quarter cup of milk.
Two and one-half cups of flour.
One level tablespoon of milk.
One level tablespoon of salt.
One teaspoon of sugar.
One-quarter teaspoon of pepper.
Beat of mix and fry in hot oil or in a griddle.

Tomato Canape.
Dip the tomato in boiling water and then into cold water to loosen the skin. Remove skin and cut into thin slices. Place on a thin slice of bread and butter and spread the tomato with a little mayonnaise and dust with paprika.

Baked Bluefish.
Select the fish weighing about one and one-half pounds. Clean and then wash in a piece of cheesecloth and then in white paper and finally in newspaper. It may then be placed directly on the ice until needed for dinner without having the fish odor spoiling the other foods.

To Bake the Fish.
Rub fish with salad oil and then dust lightly with flour. Place in well-greased and floured baking pan and bake in moderate oven for 15 minutes. If you desire a filling, it may be made as follows: Soak a sufficient amount of stale bread in cold water. When pressed dry will measure two cups. Rub through a fine sieve. Place in a mixing bowl and add:
One tablespoon of shortening.
Two onions, chopped fine.
One green pepper, chopped fine.
Three branches of parsley, chopped fine.
One egg.
Mix thoroughly and then fill into the fish. Sew the opening with a needle and string; then bake one and one-quarter hours. Serve tartar sauce with baked fish. Place a clean strip of old muslin under fish in pan; this permits quick removal from pan.

Tartar Sauce.
One-half cup of mayonnaise.
One-half onion, chopped fine.
One green pepper, chopped fine.
Four branches of parsley, chopped fine.
One-quarter teaspoon of mustard.
Beat to mix.
If you do not care for mayonnaise, then place in a sauce:
Four tablespoons of vinegar.
Five tablespoons of water.
One tablespoon of cornstarch.
One teaspoon of salt.
One-half teaspoon of paprika.
One-half teaspoon of mustard.
Stir until dissolved and then bring to a boil. Cook slowly for three minutes and then remove from the fire. Add a tablespoon of salad oil and butter and then chill and then add the prepared herbs.

Potato Croquettes.
Boil three medium-sized potatoes in their skins and peel, white hot, and rub through a fine sieve. Add:
One tablespoon of butter.
One tablespoon of minced parsley.
One teaspoon of salt.
One-half teaspoon of pepper.
The tablespoons of milk.
Beat to mix and then form into croquettes and dip into flour and brown in hot oil or in a hot oven until ready to serve.

Plum Tarts.
Wash one quart of plums and place in a saucepan and add:
One cup of water.
Two cups of brown sugar.
Cook slowly for twenty-five minutes and then cool. Take one cup of the cooled plums and rub them through a sieve. Place in a saucepan and add:
Three level tablespoons of cornstarch.
One-quarter teaspoon of nutmeg.
Stir until starch is dissolved and then bring to a boil and cook slowly for five minutes. Cool. Use this for making tarts.

Fish au Naturel.
Place the left-over fish, adding:
One onion.
One green pepper.
Four bunches of parsley chopped fine.

When you buy **The NEW EDISON** you get genuine mahogany, and you also obtain the only phonograph that is capable of "RE-CREATING" music.

Come to our store and see some of the new moderately priced period cabinets exactly like those that are being exhibited this week at the Hotel Commodore in New York City to New York furniture lovers.

The C. B. Haynes Co.
Incorporated.
Second and Broad Streets.

Place in a nest of lettuce leaves and serve with salad dressing.

To Prepare for the Outing Menu.

Fish Cakes.
Soak stale bread in cold water until soft and then press very dry. Measure two cups and rub through a fine sieve. Place in a bowl.
One tablespoon of grated onion.
Two tablespoons of finely minced parsley.
One-half teaspoon of paprika.
One well-beaten egg.
Mold into flat cakes and dip into beaten egg then into fine bread crumbs and fry until golden brown in hot fat.

Cold Boiled Ham.
Use for this either four and one-half pounds cut from the butt end of ham or small picnic ham. Wash and cook in a fireless cooker and then remove the skin and trim to shape. Rub into the fat pork of the ham:
Four tablespoons of sugar.
One teaspoon of cinnamon.
One-half teaspoon of cloves.
Mix well and sift before using.

WEDDINGS AND ENGAGEMENTS

LYNCHBURG, VA., August 11.—Mr. and Mrs. John M. Dodd have announced the engagement of their daughter, Miss Corinne Dodd, to Allen T. Davis, of Chatham. The wedding is set for October.

LYNCHBURG, VA., August 11.—William Leonard Brooks and Miss Alma Duncan, both of Lynchburg, were married last evening at the residence of the bride's father, Mr. W. H. Carpenter, by the Rev. J. W. Battle, officiating. The bride is the daughter of J. E. Scruggs, of Albemarle County.

CHARLOTTEVILLE, VA., August 11.—John M. Higginson, Jr., of Covington, this county, and Miss Helen Carpenter, daughter of the late W. H. Carpenter, of Red Hill, were married at noon at St. Paul's Episcopal Church, the ceremony being performed by Archbishop Frederick W. Neale.

CHARLOTTEVILLE, VA., August 11.—Everett Early Thomas and Miss Ola Lee Scruggs were married this afternoon at the residence of the bride's father, Mr. J. E. Scruggs, of Albemarle County.

CHARLOTTEVILLE, VA., August 11.—Tucker Strickler Durham, of Albemarle, Va., and Miss Emma Marie Masenheimer, of this city, were married last evening by the Rev. V. Cook, pastor of the First Baptist Church.

LYNCHBURG, VA., August 11.—Charles W. Crowe, of Spartanburg, S. C., and Miss married at the Virginia Hotel here Saturday, the celebrant being Rev. Dr. George Church, the principal, accompanied by H. F. Gault, of Greenville, and Mrs. Gault, of Lynchburg, drove to the city by motor, stopping over for the marriage.

LYNCHBURG, VA., August 11.—Harry W. Clark, of Ingram, and Miss C. Vann Womack, of Poplar Grove, Pittsylvania County, were married at the residence of Mr. and Mrs. H. L. Cathey, pastor of Bethesda Presbyterian Church, last evening. The groom recently returned from twelve months in the army overseas. Mr. and Mrs. Clark left for their home in Virginia last evening.

FREDERICKSBURG, VA., August 11.—Mr. and Mrs. James William Collier, of Gloucester County, announce the engagement of their daughter, Miss Clara Collier, to Edwin M. Bingham, of Norfolk. The wedding will take place in the early fall.

FREDERICKSBURG, VA., August 11.—Mr. and Mrs. Thomas Jones, of Saluda, and approaching marriage, the engagement and approaching marriage of the daughter, Miss Crittendon Jones, to Dr. Chas. Wesley Jack, of Collingwood, N. J.

MARRIAGE LICENSES

Max Silver (24), Richmond.
Yetta Caselovitch (21), Richmond.
Charles Lawrence Hinkley (23), Richmond.
Blanche Rockland Snellings (22), Richmond.

USES FOR INDIAN HEAD

One housekeeper has discovered that Indian Head is an exceptionally satisfactory fabric for towels, especially as dish towels, as it absorbs the moisture rapidly, wears longer than the usual variety of toweling and sheds no lint on glassware. This last feature makes it particularly valuable to most housekeepers. When made into everyday napkins, Indian Head is practical, since it launders beautifully and has durability. It makes attractive aprons, when finished with a touch of color in piping or simple embroidery of mercerized floss.

AMUSEMENTS

Lyric's Show Amusing.
Orpheus and his lyre were, no doubt, a seductive combination, but the Columbia Sextette and their syncopating saxophones supply melody and harmony more entrancing to the popular ear today, which sufficiently explains the "knockout" scored by these six disciples of Euterpe and Comus on the new bill at the Lyric yesterday. There are three men and three pretty girls.

ASK FOR and GET Horlick's The Original Malted Milk For Infants and Invalids Avoid Imitations and Substitutes.

UNITED LADIES AND GENTS HATS CLEANED AND REBLOCKED FIFTH STREET

In the "Low Rent District" Our Prices Are Lower.

Diamonds—
Our large, attractive display of diamonds and our expert advice on the selection will enable you to make your purchase from this store quick and easy.

And you know our reputation—
selling the finest jewelry at a lower price—our location in the "low rent section" is responsible.

Watches—
of the railroad standard or of the finely wrought type for dress wear. Our showing embraces the world's greatest makes.

See Our Complete Showing of Wedding Rings.

J. T. ALLEN & CO.
JEWELERS,
144th and Main Street.

Leonard
"Cleanable"

The Refrigerator with the one-piece porcelain lining having round corners—easily cleaned.

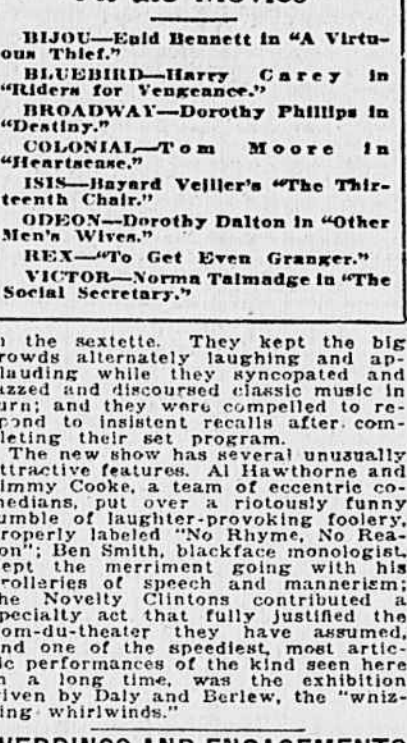
At the prices we ask the Leonard is the lowest priced high-grade Refrigerator on the market. Don't buy until you see it.

Hopkins Furniture Co.,
25 WEST BROAD STREET.
(Between Yonahoe and Adams)

At the Movies

HIJOU—Eddie Bennett in "A Virtuous Thief."
BLUEBIRD—Harry Carey in "Riders for Vengeance."
BROADWAY—Dorothy Phillips in "The Girl Who Came to Supper."
COLONIAL—Tom Moore in "Heartbreak."
ISIS—Hayward Vailier's "The Thirteenth Chair."
REX—Dorothy Dalton in "Other Men's Wives."
TO GET EVEN—Granger.
VICTOR—Norma Talmadge in "The Social Secretary."

Puzzle Picture



Trace the lines to fifty-nine. Here's my suite. Draw for one to two and so on to the end.

LOOK FOR HIGH PRICES

The rumored prices of the new fall suits fairly make one dizzy. Of course, these rumors remain to be proved. It is said that one will be able to get a commonplace suit for \$75, and that anything savoring of distinctiveness will begin at \$100 and soar rapidly to twice that amount and more.

The materials used will be much broadercloth, duvetyne when obtainable and not too prohibitive in price. Jackets will be generally straight except at the bottom, where a smart irregularity will often be observed. Nearly all of the jackets are to be built to make the wearer look stouter, and indeed, the popular silhouette promises for it "threatens" to be short and chunky, in contrast to the willowy lines which women have striven for during so many seasons, even when skirts were short and full. There will be some overskirts, and in the more expensive suits these or the foundations will be bordered with fur. Fall furs will include beaver, Hudson seal, opossum, etc.

Buttons will be much used for trimmings, and they will be arranged in groups and sometimes in long rows. Groups of tucks, some of them as much as half an inch wide, will be used upon suits in place of the collars of last season, and upon the more expensive suits will appear very elaborate embroideries.

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HOURS is necessary for us to develop and print your Kodak FILM.

WHY?
Because our plant is modern, our employees experienced, and above all, we start your film just as soon as received, thus saving many hours.

G. L. Hall
OPTICAL CO., INC.

211 E. Broad Street.
503 E. Franklin Street.

What's White?

Schwartzschild Brothers
Diamond Gifts

The gift of a fine jewel is a treasure for all time.

Because of its sentimental value, as well as intrinsic worth—those who discriminate prefer to have their diamonds come from the Schwartzschild store.

Such pieces are distinguished for their fine quality and good taste.

Diamond Rings—Diamond Bars—Diamond Bracelets.

Schwartzschild Brothers
Richmond's Leading Jewelers
Second and Broad Streets.

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Main Street Furniture Co.
1429 East Main St.

THE SANDMAN STORY
WHY THE GOBLINS BEGAN TO DANCE

Why the Goblins Began to Dance.
One night when the Fairies went to the dell for a frolic they found the Goblins had their moss-covered carpet for a picnic ground. Without letting the Fairies know they were there, the Fairies fitted all away to another place to talk it over.

"They know this dell belongs to us," said one Fairy. "But if we try to get them to move they will stay to bother us."

"If we want the place to ourselves we must think of some way to get rid of them without letting them suspect we want them to go."

"They have all sorts of nice things to eat," said another Fairy. "I saw the baskets behind the rocks, but, of course, they would never ask us to their picnic because they are so greedy."

"I am sure there is room for us to dance at the other side of the dell," said one Fairy. "So why think about those naughty Goblins? Let us begin our dance."

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So off they flitted to the other side and, taking hold of hands, the Fairies began to dance around and around, and pretty soon the Goblins, who could not dance at all, saw them.

They left all their feasting and ran down to the end of the dell to watch the dance.

Without noticing the Goblins, the Fairies danced on. They swayed and bowed and swung and tripped to the music the grasshopper band was playing until, to their astonishment, the Goblins began to dance also.

First they danced around with the Fairies, making a ring around them, but pretty soon the Goblins separated and danced by themselves.

Around and around, to the side and then backward and forward, the Goblins danced, always whirling and stepping as though some strange thing had bewitched them. Off they all danced out of the dell, over the hill and away.

When the Fairies stopped dancing they were alone in the dell, with all the nice things the Goblins had brought for their picnic.

"I wonder if it would be right for us to eat some of the food?" said one little Fairy.

"I think the food belongs to us," said another. "Because the Goblins spoiled our picnic one night by tumbling into everything we had."

But they waited for a while to see if the Goblins would not return, and when it was almost time for the sun to come over the hill the Fairies began to eat, for they knew then the Goblins would not return.

Just at daybreak there tumbled into the woods around the dell the Goblins, and oh, such tired little fellows as they were, for they had danced all night long.

The Fairies, without knowing it, had bewitched them with their dancing until each little fellow had danced his little legs almost off.

They tumbled into their rock houses without looking at the empty baskets, and so the Fairies never knew whether they remembered about the food or not.

But when the Goblins bothered the Fairies after that all they had to do was to start dancing, and off would dance the Goblins far away.

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Tomorrow's story—"The Grabworms' Wedding."

Store Closing Hours:
Saturday, 1 P. M. Other Days, 5 P. M.

Thalhimer Brothers
BROAD AT FIFTH.

New Figure Lines Require New Corsets

It is a mistake to try and make the new styles in outer apparel look right when worn over last season's corsets. And you won't dread "breaking in" a new corset once you know the immediate comfort and improved figure-lines you will enjoy in the new models we're showing in

Little Talks No. 58 TO LADIES ONLY

All Richmond is talking about T&E Rough Dry family wash. This is the modern idea for home laundry work, as your garments are washed spotlessly clean and are always delivered on time—two mighty important items in these days of uncertain help and deliveries.

All flat pieces are ironed and underwear is ready to put on; in fact, the starched pieces are the only ones that have to be touched at home, and it's very little trouble to iron them.

Try the T&E Rough Dry plan a few weeks—we believe you will be as greatly pleased as the rest of our customers.

Phone Madison 4842 or 4843—a T&E wagon will call.

T&E Laundry

926-928 West Broad Street.
Petersburg Branch, 101 W. Bank St.
Hopewell Branch, 51 Broadway.

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They left all their feasting and ran down to the end of the dell to watch the dance.

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